



PAAR Community-Based Resource Guide

*Please email shaylas@paar.net any new submissions or corrections

Emergency shelter & housing	2
Rental assistance and eviction prevention	6
Utilities and telephone assistance	9
Food programs	12
Household items	14
Legal and immigration services	15
Vital records information	17
Youth and young adult resources	18
Transgender, lesbian, gay, bisexual, and ally resources	21
Sexual health, pregnancy, and family planning	26
HIV/aids resources	28
Health, medical, and dental	29
Domestic violence and sexual assault services	36
Employment resources	38
Drop-in services	41
Free, low-cost, toiletries and clothing voucher programs	44
Ex-offender resources	47
Tattoo removal & cover up	50
Transportation resources	52
General resources	53
Education	57

EMERGENCY SHELTER & HOUSING

Listed in alphabetical order.

Allegheny County Link – 1-866-730-2368

24/7

Individuals and families who are homeless or at risk of becoming homeless are connected to emergency shelters and rapid rehousing programs in Allegheny County. Contact this number to complete a housing assessment and to be considered for shelters and housing programs.

Allegheny County Housing Authority – 412-355-8940

Public housing and Section 8 program information

Alle-Kiski HOPE Center (Allegheny County) – 1-888-299-4673

24/7

Auberle’s Housing Services- 412-673-5800

- **Family Emergency Shelter (Duquesne)** – available to women of any age, must have children in their care (can include an adult woman and their mother).
- **Rapid Rehousing Program** - works with individuals, ages 18-24 to assist them in finding safe, stable and affordable housing.

Bethlehem Haven (Allegheny County)

24/7

Emergency shelter & supportive services for homeless women over the age of 18.

- Business Hours Contact – Felicia Chapman, Intake Coordinator – (412) 391-1348 x280
- 24/7 Backup Contact – Sarah Dittoe, Residential Manager – (412) 495-0308 (work cell)
- 24/7 Backup Contact – Shelter Staff Cell Phone – (412) 389-9702
- 24/7 Backup Contact – Front Desk Phone – (412) 391-1348 x276

Blackburn Center (Westmoreland County) – 1-888-832-2272

24/7

Beaver Women’s Center (Beaver County) – (724) 775-0131

24/7

Center for Victims (Allegheny County) – 1-866-644-2882

24/7

Crisis Center of Lawrence County – 724-656-7867

24/7

East End Cooperative Ministries 6140 Station St. East Liberty, 15206 412-345-7150

FamilyLinks DOCS Program – (412) 924-0492

24/7

Emergency shelter and supportive services for homeless and at-risk youth ages 18-24. Up to 60 days.
Case management, basic needs, behavioral health, and transitional living services.

Habitat for Humanity – 412-450-8520

Interest free mortgage options for those searching for housing

Light of Life Emergency Shelter – (412) 803-4120

24/7

Emergency shelter & supportive services for homeless men, women, and families

McKeesport Downtown Housing 523 Sinclair St, McKeesport, PA 15132 - 412-664-9168

McKeesport Low Barrier Shelter 523 Sinclair Street (Rear Entrance in the parking lot, Down Rainbow Steps) - 724-244-6565 McKeesport, PA 15132

Email: Aubreyplesh@teampsbg.com

General information:

PSBG is a low-barrier shelter with a person-first approach.

It is the only uncontracted shelter in Allegheny County – they operate under a code of ethics in line with other shelters but have fewer restrictions in who they can take into the program. The shelter was opened by PSBG, which is a grassroots advocacy organization supporting unhoused individuals. Many of the traditional PSBG services are available at the shelter including case management, access to public benefits, system navigation, and link to longer-term housing resources or other programs in the county.

- Emergency shelter, intake available 24 hours a day
- Limited information asked at time of entry
- Adults (18+) of all gender identities and expressions
- 16-bed program divided into two “dorm” spaces
 - Emergency overflow space/beds

- Curfew of 10:00pm
- Accessible bathrooms, three meals per day, laundry, WiFi, contraception, NARCAN, and other resourcing

NOTE: The shelter is intended for adults – However, if a client has a minor child/children, please call. The staff will help determine if they can take the family for shelter or provide other resources and shelter information.

Philadelphia County Emergency and Temporary Shelters:

[Emergency and Temporary Shelter - \(philadelphiaofficeofhomelesservices.org\)](http://philadelphiaofficeofhomelesservices.org)

PRIDE Program – (412) 366-9801

Traditional services include residential & substance abuse – In some cases, PAAR could arrange non-emergency housing for adult, female victims who are in the sex industry and have an active addiction.

Proud Haven – (412) 953-4666

Proud Haven provides a safe shelter for homeless LGBTQ+.

Serenity Living Transitional Home- 412-626-7077

Transitional living program for women ages 18-23 without children in her care.

Salvation Army Family Caring Center – (412) 362-0891

Non-emergency shelter for homeless adults and families. Meals, laundry, bathing facilities and Spanish services. Intake process is 24 hours. 6017 Broad Street in East Liberty.

Three Rivers Loft Program – (412) 766-8456

Youth ages 16-21 who are homeless and not in CYF care. Counseling, education/employment and transitional living services. 3665 Brighton Road. Pittsburgh PA 15212.

VOICE (Butler County) – 1-800-400-8551

24/7

Westmoreland County Housing Authority - 724-832-7248

Public housing program and section 8 programs information

Womanspace East - (412) 765-2661

Shelter that provides case management and counseling services. Must have children to qualify for services. Families seeking shelter are referred to them through Allegheny Link. Call Allegheny Link to submit a referral.

Wood Street Commons –

Non-emergency shelter up to 60 days. Must be homeless and over the age of 16 with a mental health diagnosis and monthly income under \$300.

YWCA Women’s Resource Center – (412) 255-1488

Housing programs and “empowerment initiative” services including career counseling, case management and Childcare Information Services (CCIS) to subsidize childcare costs.

YWCA Supportive Housing Programs

- **Chrysalis: Shelter-Plus Care (412-255-1235)** : provides permanent, supportive housing for 19 homeless individuals with a substance abuse, and/or mental health diagnosis or HIV/AIDS.
- **WISH (Women in Supported Housing) Program (412-255-1176)** : provides permanent, supportive housing for 20 homeless, dually diagnosed individuals (those who struggle with both drug and alcohol addiction and mental illness) and their children.

RENTAL ASSISTANCE AND EVICTION PREVENTION

Listed in alphabetical order

ACTION-Housing Homeless Families Program

(412) 824-2444

Does not offer monetary rental assistance but helps people experiencing homelessness identify their options.

ARIA Familylinks - 1-866-583-6003

Short-term rental assistance and case management services. A family member must be active with OCYF and have a history of substance use. Participants must either be at risk of losing custody of their children or are working towards reunification with their children. There must be a goal of recovery from substance abuse for every family referred. Must be referred by their OCYF case worker to the OCYF Mon Valley Resource Coordinator.

Catholic Charities of the Diocese of Pittsburgh - Refugee Services

212 Ninth Street

Pittsburgh, PA 15222 | (412) 456-6999 | ccpg.org

Services to help refugees transition to their new life in Pittsburgh:

- help finding safe and affordable housing
- completion of applications for Social Security, medical assistance, food stamps, and public assistance
- health screenings
- school enrollment
- English-as-Second-Language (ESL) classes
- pre-employment training and help finding work
- rent, utility, and transportation assistance

Emergency Shelter Allowance (ESA) – Allegheny

301 5th Avenue, Suite 470

Pittsburgh, PA 15222 | (412) 565-2146

Assistance to stop eviction/foreclosure or find places to stay.

Fair Housing 412-391-2535

The Fair Housing Partnership Of Greater Pittsburgh

is a nonprofit organization dedicated to creating equal housing choice in southwestern Pennsylvania through fair housing advocacy and comprehensive housing counseling services.

The Intersection Inc. (412) 678-6948

Provides small grants in emergency situations as well as emergency housing support; ie. assistance with rent and utilities.

North Hills Community Outreach

1975 Ferguson Road

Allison Park, PA 15101 | 412-487-6316 | help@nhco.org

Can help pay rent or a security deposit to prevent homelessness. You must have some income to be eligible.

Neighborhood Living Project 412-204-9013 (through Western Psych)

Hours of Operation for all Social Security Offices are Mon., Tues., Thurs. and Fri., 9:00am – 3:00pm and Wed. 9:00am – 12:00pm. The phone numbers to all of the offices are (800) 772-1213. Please see additional numbers for various counties

Ambridge Office

120 Merchant Avenue
Ambridge, PA 15003

New Kensington Office

707 5th Avenue
New Kensington, PA 15068

Downtown Pittsburgh

921 Penn Avenue
Pittsburgh, PA 15222

Upper St. Clair Office

650 Washington Road, Suite 120
Pittsburgh, PA 15228

Monroeville Office

400 Oxford Drive, Suite 210
Monroeville, PA 15146

McKeesport Office

520 5th Avenue
McKeesport, PA 15132

Beaver County Office

2105 9th Ave.
Beaver Falls, PA 15010

New Castle Office

1708 Wilmington Road
New Castle, PA 16105

Beaver Falls Office

1013 8th Ave.
Beaver Falls, PA 43952

Butler County Office

102 Woody Drive
Butler, PA 16001

(800) 325-0778

Blair County Office

303 Cayuga Ave.
Altoona, PA 16602
(866) 592-3622

Fayette County Office

800 Plaza Drive, Suite 320
Belle Vernon, PA 15012
(866) 931-4826

Pittsburgh Presbyterian Lazarus Fund

(412) 323-1400

Approx \$200 in one time assistance to help with rental evictions, utility bills, and medical bills. Referral must come through a Presbyterian church; call for more information and to apply.

Salvation Army

1-800-454-1156 (or Local Salvation Army Office)

Emergency Assistance for financially struggling individuals and families in crisis. Assistance for rent, household utility expenses, food, clothing, shelter, and similar needs.

Urban League of Greater Pittsburgh

610 Wood Street, 2nd Floor

(412) 227-4805

Fax: 412-248-4848

Pittsburgh, PA 15222 | ulpgh.org

Grant assistance up to prevent eviction or assist homeless and near-homeless families. One-time grants to the landlord to establish and maintain housing. Provides qualified individuals with security deposits, rent payments, and general housing assistance.

UTILITIES AND TELEPHONE ASSISTANCE

Listed in alphabetical order

Budget Mobile

766 Penn Avenue

Pittsburgh, PA 15221 | (412) 727-6382

Government assisted wireless services to low income subscribers. LifeLine discounts are available to qualified customers who meet certain eligibility requirements such as government assistance or a household income that is 135% - 150% below the federal poverty level. One per household and cannot

Dollar Energy Fund

(412) 431-2800

15 Terminal Way

Pittsburgh, PA. 15219

www.dollarenergy.org

The \$1 Energy Fund Grant Program assists utility customers with a \$100-\$500 grant applied directly to their utility bill. Customers must meet income and payment eligibility guidelines.

Must have applied for LIHEAP before you can receive Dollar Energy (if LIHEAP is open). Must apply through a screening agency –agency info is available on the Dollar Energy website.

Duquesne Light - Customer Assistance Program

888-393- 7600

Provides assistance to customers who are low-income (below 150% of the Federal poverty level) and cannot pay their electric service bill. Customers are allowed to pay a reduced monthly amount based on income and household size.

Holy Family Institute Duquesne Light Utility Assistance Program

211 North Whitfield Street

Pittsburgh, PA 15206 | (412) 361-2583

Provides access to the Duquesne Light Customer Assistance Program (CAP) and Customer Assistance and Referral Evaluation Service (CARES). CAP helps low-income customers of Duquesne Light establish payment plans that enable them to maintain service. CARES assists customers who have had their

services terminated/at risk of having their service terminated. Also screens for Low-Income Home Energy Assistance Program (LIHEAP) and \$1 Energy Fund.

Lifeline: Affordable Telephone Service

1-888- 641-8722

Lifeline is a government benefit program that provides discounts on monthly telephone service for eligible low-income subscribers. Lifeline offers both wireless and land-line phone service, but only one service per household. To pre-screen or see providers (Safelink, Assurance, YourTel, etc.) in Pennsylvania, visit:
www.lifelinesupport.org

Lifeline / Universal Telephone Assistance Program (UTAP)

1-800- 771-3312

UTAP helps Pennsylvania Lifeline customers pay their overdue bills on basic telephone service. To enroll in this program you must be an existing Lifeline customer.

LIHEAP

914 Penn Avenue
Pittsburgh, PA 15222 | (412) 562-0330

The Low-Income Home Energy Assistance Program helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat. LIHEAP is only available during the cold season to help with heating costs. You can apply online: www.compass.state.pa.us or visit a county assistance office.

Salvation Army

Home Heating & Utility Assistance
1-800- 454-1156 (or Local Salvation Army Office)

Assistance with utility bills for households that have received a shut-off notice. Call to find the HeatShare office that serves your area.

Society of St. Vincent de Paul

1243 North Franklin Street

Pittsburgh, PA 15233 | (412) 321-1071

Utility assistance for individuals who are experiencing a crisis and can't afford their monthly bills.

Utilities include gas, electric, and water. Assistance to apply for LIHEAP, CRISIS and \$1 Energy Program.

Citizens Electric: 1-570- 524-2231

Columbia Gas of Pennsylvania: 1-800- 537-7431

Duquesne Light: 1-888- 393-7600

Met-Ed & Penelec: 1-800- 545-7741

Peoples Natural Gas: 1-800- 400-9276

Peoples formerly Equitable: 1-877- 577-8735

Peoples TWP: 1-800- 222-5101

Penn Power: 1-800- 720-3600

Valley Energy: 1-570- 265-6415

West Penn Power: 1-800- 686-0021

Wellsboro Electric Company: 570-724- 3516

FOOD PROGRAMS

Listed in alphabetical order

COMPASS 1-800-692-7462

Can be used to apply for any public assistance benefits you may qualify for, including SNAP benefits (food stamps), public health insurance, cash assistance, TANF, and more.

<https://www.compass.state.pa.us/compass.web/Public/CMPHome>

East End Cooperative Ministry: (412) 361-5549

Lunch every weekday. 6140 Station St. Pittsburgh PA 15206.

First United Methodist Church:

Every Saturday 11:30am-1pm. 5401 Centre Ave. Pittsburgh PA 15232.

Hot Metal Bridge Faith Community: 412-481-4010

Community meal on Tuesdays and Thursdays at 5:30-6:30. 2700 Jane St. Pittsburgh, PA 15203.

Jubilee Soup Kitchen: (412) 261-5417

Serves one hot meal per day at noon. 2005 Wyandotte St. Pittsburgh PA 15219.

Light of Life Meal Ministry: (412) 258-6100

Breakfast & dinner served 7 days a week. Women 7:30am & 5pm. Men 8am & 5pm. 913 Western Ave. Pittsburgh PA 15233.

The Neighborhood Resilience Project (412) 261-1234

Offers resources for food, personal documents (like birth certificates and photo IDs), clothing, transportation, rent, and utilities. 2038 Bedford Avenue, Pittsburgh, PA 15219. [What is Trauma-Informed Community Development? - Neighborhood Resilience Project](#)

Rainbow Kitchen: (412) 464-1892

Breakfast weekday mornings 9:30am-10:30am. 135 E 9th Ave. Homestead PA 15120.

FOOD BANKS

AVAC – Allegheny County – 724-226-0606

Call to register first – 1913 Freeport Rd, Natrona Heights, PA 15065

Lighthouse Foundation – Evans City – 724-586-5554

Proof of income, ID, and anyone residing with you, free community meal during food pickup

North Hills Community Outreach – 412-487-6316

Food pantry, utility and emergency assistance, community auto, scholarships, coats, employment help

Salvation Army – Brackenridge – 724-224-6310

Emergency food bank, free lunch for community

United Presbyterian Church – Westmoreland County – 412-828-4494

Call to register first – 601 Fifth Ave, New Kensington, PA 15068

Verona United Presbyterian Church – Allegheny County – 412-828-7394

Call to register first – 798 Center Ave, Verona PA 15147

Westmoreland Community Action – 724-834-1260

Food pantry

Westmoreland Community Food Bank – 1-800-462-2080

Call to find ER food assistance programs in Westmoreland County

Wilksburg Community Ministry – 412-241-8072

704 Wood Street, Pittsburgh PA 15221, Monday – Friday: 9 AM – 1 PM

HOUSEHOLD ITEMS

Listed in alphabetical order

The Blessing Board: (412) 828-1055

Household furniture and home furnishing accessories. Clients are required to pick up & transport items. 140 Pennsylvania Ave. Oakmont PA 15139.

Christian Layman Corporations: 724-834-4464

Gently used furniture; need a referral; you are responsible for transportation of furniture

Free Store Wilkinsburg: 412-436-9836

619 Penn Avenue, Wilkinsburg, PA 15221

Open every Saturday 11a - 2p

Free Store 15104:

420 Braddock Ave Braddock, PA 15104

Store Hours: Tuesday 11:00–1:00, Thursday 11:00–1:00, Saturday 10:00–12:00.

Golden Treasure: 412-537-3788

Low-cost furniture and household items based out of Braddock – Will deliver for a fee.

Off The Floor: (412) 926-5053

Basic used furniture like beds, dressers, tables and chairs. Delivery available in some cases. 901 Allegheny Ave. Pittsburgh PA 15233.

St. Vincent DePaul: 412-321-1071

Assist with obtaining furniture

LEGAL AND IMMIGRATION SERVICES

Listed in alphabetical order

Casa San Jose – (412) 343-3111

Community center & resource connection for Latino immigrants.

ISAC Program – (412) 742-4200

Immigrant services for those with limited English proficiency and/or cultural barriers in accessing services. Case management and bilingual assistance in accessing social services.

*ISAC is a six-agency partnership headed by JFCS (Casa San Jose, Greater Pgh Literary Council, Latino Family Center, Northern Area Multi-Service Center and South Hills Interfaith Ministries).

<https://www.youtube.com/watch?v=nhSnlgeXQ8Q>

Jewish Family & Children's Services: Refugee & Immigrant Services – (412) 422-7200

Immigration-related legal issues (T-visas and citizenship) including attorneys available at no cost or a nominal fee.

Comprehensive resettlement services for individuals and families who are brought to the U.S. for resettlement and/or those who have been granted asylum.

Contact for Unaccompanied Immigrant Minors: Stephanie Small (Clinical Lead)

The Pittsburgh Pro-Bono Partnership: Low-income individual seeking legal assistance, the Allegheny County Bar Foundation Pro Bono Center may be able to assist you. **Contact the Pro Bono Center at (412) 402-6677.**

The Pittsburgh Pro Bono Partnership is a collaboration of legal departments, law firms, the Allegheny County Bar Foundation, and Neighborhood Legal Services Association. Our purpose is to increase attorney and paralegal pro bono legal services to the greater Pittsburgh community.

PRO BONO SIGNATURE PROJECTS

CHILD CUSTODY GUARDIAN PROJECT

CRIMINAL RECORDS EXPUNGEMENT PROJECT

CUSTODY CONCILIATION PRO BONO PROJECT

EDUCATION LAW CENTER PRO BONO PROJECT

FAMILY LAW APPELLATE PRO BONO PILOT PROJECT

H.E.L.P. PROJECT, HOMELESS EXPERIENCE LEGAL PROTECTION

LANDLORD TENANT PROJECT

MCKEES ROCKS CLINIC

MILLVALE COMMUNITY LEGAL CLINIC

PROTECTION FROM ABUSE PROJECT

SOUTH HILLS LEGAL CLINIC

VETERANS LEGAL CLINIC

WILLS PROJECT (locations in Bridgeville, Lawrenceville, McKees Rocks, South Side)

University of Pittsburgh Immigration Law Clinic – (412) 648-1300

Clinic students represent immigrants requesting asylum, facing removal from the U.S. and seeking special protection under VAWA. Clinic services available in Spanish.

EXPUNGEMENT

Allegheny County Juvenile Court District Attorney's Office (Contact: Meghan Black) – Juvenile Division
(412) 578-7913

For help with early expungement requests

Allegheny County Public Defender's Office – (412) 350-2400

They can offer guidance on how to work through the expungement process

Juvenile Law Center at Duquesne University – (412) 396-4704; lawclinic@duq.edu

A law clinic that can help contact all the agencies to delete records post-expungement

Project Reset – Includes an expungement quiz to see if someone is eligible, as well as an expungement guide. <https://www.alleghenycounty.us/public-defender/project-reset.aspx>

FAMILY LAW

Family Law Clinic – University of Pittsburgh (412) 350-5600

Self-Help Center – Legal Advice Clinic (Family Division, Allegheny County Court of Common Pleas)

440 Ross Street (412) 350-0237

VITAL RECORDS INFORMATION

Birth Certificate Information for all of Pennsylvania

Division of Vital Records	Carnegie Library of Pittsburgh
Chamber of Commerce Building	Genealogy Department
411 7 th Avenue	4400 Forbes Avenue
Pittsburgh, PA 15219	Pittsburgh, PA 15213
(412) 565-5113	

Death Certificate Information for all of Pennsylvania including Pittsburgh

Division of Vital Records	Carnegie Library of Pittsburgh
101 South Mercer Street	Genealogy Department
P.O. Box 1528	Pennsylvania Room
New Castle, PA 16103	4400 Forbes Avenue
(724) 656-3100	Pittsburgh, PA 15219

YOUTH AND YOUNG ADULT RESOURCES

Listed in alphabetical order

Allegheny County DHS Youth Support Partner

One Smithfield Street, 4th Floor, Pittsburgh, PA 15222

Youth Support Partners (YSPs) are young adult professionals who have personal experience in some area of the human services or juvenile probation system. Insight is shared with youth currently in the system, advocating and mentoring for them.

To see if a youth has or qualifies for a YSP, contact: Angela Moffe, Intake and Resource Manager, angela.moffe@alleghenycounty.us (412) 442-8925

Auberle 412 Youth Zone

412-902-4068

304 Wood Street, 5th and 6th Floor, Pittsburgh, PA 15222

[Auberle's 412 Youth Zone](#)

Auberle's Employment Institute

The Employment Institute offers 13 nationally recognized certification programs, employment opportunities, life skills and work readiness training, education services and employment exposure/search services and works with individuals age 14 and older.

[Employment Institute at Auberle](#)

The Bridge of Pittsburgh

332 Fifth Avenue, 5th Floor, Suite 550, Pittsburgh, PA 15222 (Warner Centre Building)

(412) 575-5877

Helps youth ages 16 – 24 access daily living skills, education, life skills, employment, housing, and tutoring. They offer dinner and snacks nightly. To become a member, you have to be receiving CYF services and are nearing the “aging out” point (16 – 18) or previously received CYF services and are recently aged out of the CYF system (18-21).

DHS Office of Children, Youth, and Families (CYF)

Human Services Building

One Smithfield Street, Suite 400

Pittsburgh, PA 15222 | (412) 350-5701

FamilyLinks

2644 Banksville Road

Pittsburgh, PA 15216 | (412) 343-7166

FamilyLinks offers a variety of services for homeless youth, not limited to:

- *Youth Emergency Shelters (YES)*

(412) 343-7166

Houses teens ages 13-18. Help includes: drug/alcohol and mental health counseling, medical assistance, schooling, case management, independent living skills, and acts as a liaison with CYF and the courts.

- *FamilyLinks - Downtown Outreach Center and Shelter (DOCS)*

1601 Fifth Avenue

Pittsburgh, PA 15219

Emergency shelter and transitional housing for homeless youth/young adults, up to age 21. DOCS provides: 3 meals a day plus a snack, clothing and transportation (as needed), on-site medical help, counseling, and referrals.

Service Access for Youth (SAY)

2020 Smallman Street, 2nd Floor

Pittsburgh, PA 15222 | (412) 562-0154

Drop-in program for homeless, unaccompanied youth ages 18-24.

MyPlace Youth Program – ACTION Housing

(412) 281-2102

Housing (1 bedroom apartments) and case management for those who have aged out of the foster care system and are either homeless or at risk of becoming homeless. Must be referred by agencies serving homeless youth such as the DHS Office of Children, Youth, and Families.

Three Rivers Youth – Transitional Housing Program

(412) 766-8456 or 1-855-TRY LOFT

Shelter, counseling, and skill development for homeless youth ages 16-21. CYF-supervised placements are not eligible.

Pittsburgh Job Corps Center

(412) 441-8700

Training for young adults ages 16-24 while earning a high school diploma or GED.

Ward Home's My Best Self Program

Ensures that youth in CYF care have access to professional hair care services and hygiene products.

Youth also have the opportunity to participate in social skills workshops and hair care trainings with the goal of empowering each youth to look good, feel better and be their best self.

Contact: Mia Merideth, My Best Self Program Manager

Office: 412-673-5856 ext 1705; Cell: 412-737-1185; Email: miam@auberle.org

[Ward Home \(auberle.org\)](http://Ward Home (auberle.org))

TRANSGENDER, LESBIAN, GAY, BISEXUAL, AND ALLY RESOURCES

Listed in alphabetical order

ACBA Lawyer Referral Service

Will aid in finding a private attorney who will work pro bono for low income individuals who have legal issues that are not covered by the Public Defender's office or Neighborhood Legal Services. For example, a discrimination suit.

Affordable Colleges.com

This guide provides information on how to assess colleges and universities to ensure they are LGBTQ welcoming.

Criminal Records Expungement Project

Offering help getting an expungement of any criminal record that is not a misdemeanor or felony plea or conviction. An expungement is an essential component of a name change. There is the possibility of a pardon available for those who have misdemeanors and felonies and they should still contact the program if that is impeding their name change.

Central Outreach and Wellness Center

(412) 322-4151

127 Anderson Street, Suite 101 Timber Court Building, Pittsburgh, PA 15212 (Also located in Washington, PA, Alliquippa, PA and Erie, PA)

Services available are comprehensive gay health care; culturally competent care, comprehensive transgender health care, HIV primary care, Hep C primary care, Mental Health Care, PrEP & PEP HIV Prophylaxis, Suboxone/Needle Exchange; Case Management (Medication & Pharmacy Coverage, Lab Testing, Healthcare Insurance, Housing Services)

[Wellness Health Center | LGBT Healthcare - Pittsburgh, PA & Columbus, OH \(centraloutreach.com\)](http://www.centraloutreach.com)

Dreams of Hope

(412) 361-2065 | <http://www.dreamsofhope.org/> | Info@dreamsofhope.org

P.O. Box 4912, Pittsburgh, PA 15206

Through the power of the arts provides the region's lesbian, gay, bisexual, trans*, queer, and allied (LGBTQA) youth (ages 13-21) a welcoming environment to grow in confidence, express themselves, and develop as leaders.

Gay and Lesbian Community Center (GLCC)

210 Grant Street

Pittsburgh, PA 15219 | (412) 422-0114 | glccpgh.org

The GLCC is a community center supporting LGBTQ individuals and allies. GLCC hosts HIV testing clinics, game and movie nights, supports a free library, resources, and clothes and basic toiletries to anyone, regardless of their sexual orientation.

The Garden of Peace Project

P.O Box 8070

Pittsburgh, PA 15216 | (412) 879-0477 | gardenofpeaceproject.org

Garden of Peace Project seeks to increase the emotional, mental, physical, and spiritual well-being of all people, including the most vulnerable, marginalized populations, regardless of sexual orientation, gender identity, or gender expression.

Queer and Trans People of Color Resource Guide - <https://www.gardenofpeaceproject.org/otpoc-resource-guide>

GLCC Pittsburgh

The Gay & Lesbian Community Center of Pittsburgh provides gay, lesbian, bisexual and transgender (LGBT) individuals, their families and supporters in Western Pennsylvania with resources and opportunities to promote visibility, understanding, and equality within the LGBT communities and the community at large.

Hugh Lane Foundation

[\(412\)973-5053](tel:4129735053) | 925 Brighton Road Pittsburgh, PA 15233 | info@hughlane.org | [Home](#) | [Hugh Lane Wellness Foundation](#)

Hugh Lane Wellness Foundation's legal aid program was created to provide free, need-based civil legal aid services specifically tailored to the LGBTQ+ community in Southwestern Pennsylvania. We provide

in-house assistance for cases involving identity document support, public benefits counseling, housing support, and civil expungement of criminal records. For cases outside our service areas, we also assist in connecting low-income LGBTQ+ and HIV+ people with free or discounted legal aid and other support services. Hugh's Kitchen provides nourishment to our communities with necessities like food, hygiene products and safer sex kits. Hugh Lane Wellness Foundation also provides programming to LGBTQ+ youth, caregivers, parents, and families such as youth camps, mental and sexual health education, and affirming skills education.

The Initiative for Transgender Leadership

Seeks to positively impact community life through professional and leadership development of transgender youth.

Name Change Project

The Name Change Project will assign you a local attorney who will perform all of the legal requirements for a name change for free. There are still costs associated with the name change procedure that the attorney will discuss with you, but end up being under \$100. This does not include the funds necessary to order new identification documents.

PERSAD Center

5150 Penn Avenue

Pittsburgh, PA 15224 | (412) 441-9786 | persadcenter.org

PERSAD Center offers a variety of services for LGBTQ individuals. Services include: individual, family, and couple's counseling; mental health and substance abuse treatment; psychological evaluations and medication management; youth programs; intimate abuse programs for those arrested during a domestic violence incident as well as victims; programs for older LGBTQ individuals; specific programs for transgender counseling and advocacy.

Planned Parenthood of Western PA: Counseling Services

933 Liberty Avenue

Pittsburgh, PA 15222 | (412) 434-8971

Individual counseling on a variety of issues such as anxiety, mild depression, and LGBTQ concerns.

Proud Haven

517 East Ohio Street, Pittsburgh, PA 15212 (North Side) | (412) 953-4666

www.proudhaven.org | admin@proudhaven.org

Provides safe shelter for homeless LGBTQIA+ youth (ages 18-25) and other services such as case management (primarily housing assistance), toiletries, winter and summer accessories, transportation assistance, hair cut/grooming gift certificates, canned & dried food pantry items, gift cards for food / clothing / housewares, on-going support via phone, educational programming

In-person assistance is by appointment based upon staff / volunteer availability

PFLAG Pittsburgh

(Pittsburgh Parents, Family and Friends of Gay and Lesbians) Envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

Project SILK - <http://projectsilk.org/>

Provides a safe, healthy, supportive community environment for LGBT youth of color to grow, celebrate, and express themselves. Links people to resources (medical, housing, mental health, D&A, educational, employment, dental, hormone treatment, legal, leadership training)

Drop-in Center Location & Hours: Monday through Thursday from 1 p.m. to 8 p.m. Located downtown on the Mezzanine Level of 304 Wood Street, Pittsburgh, PA 15222

Contact: [Jess Netto](mailto:Jess.Netto), Director of Youth Programs, 412.532.2123

SisTers PGH – (412) 636-7613

SisTers PGH is a black and trans led non-profit organization which serves black and brown, trans and nonbinary people within our communities. SisTers PGH offers outreach, shelter and low-income housing resources, accurate trans/nonbinary education through advocacy and is committed to involvement within our community in all areas of oppression.

Trans Relief Project - <https://www.transrelief.com/>

Provides monetary assistance to US-based trans people looking for help with administrative fees associated with obtaining US passports, name changes, and updating ID documents.

**Might not exist anymore. Website inactive as of 12/18/18.*

Trans Assistance Program

A permanent fund maintained to assist trans folks in need to relieve the burden of having to crowd-fund themselves in an emergency. Striving to be a financial and educational resource for the trans community.

The Trevor Project

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth ages 13-24.

If you're thinking about suicide, you deserve immediate help - please call the Trevor Lifeline at 866-488-7386.

Trans Lifeline – 1- 877-565-8860

Peer support crisis hotline is run by and for trans people

Available 7am-1am PST / 9am-3am CST / 10am-4am EST. Volunteers may be available during off hours.

Will not call the police or emergency services unless requested, but are mandated reporters. Provides micro-grants for name changes/document changes and resources based on the caller's needs.

SEXUAL HEALTH, PREGNANCY, AND FAMILY PLANNING

Listed in alphabetical order

Allegheny Reproductive Health Center

5910 Kirkwood St

Pittsburgh, PA 15206 | (412) 661-8811

Offers gynecological exams, STD testing, breast exams, emergency contraception, birth control, medical abortions, and post-abortion counseling.

Genesis of Pittsburgh

(412) 766-4934

Locations in Bellevue, PA and Pittsburgh. Free pregnancy testing; parenting classes; maternity and baby clothes, diapers, formula, baby food, baby supplies, equipment, and furniture. Genesis also operates Genesis House, a residential program for pregnant women over the age of 18.

Healthy Start, Inc.

(412) 247-1000 | healthystartpittsburgh.org

Case management services, referrals, postpartum depression screening and referral, significant other support, breastfeeding support, and education on prenatal/postpartum care, childbirth education, diet, exercise and nutrition, HIV/AIDS and other sexually transmitted diseases (STDs), smoking cessation, and substance abuse.

The Male Initiative Program (MIP): The primary goal of MIP is to assist fathers and other positive male role models to maintain involvement with their children and families through the promotion of parenting skills and peer program support.

Planned Parenthood of Western Pennsylvania

(412) 434-8957

Reproductive health services in seven locations: Bridgeville, downtown Pittsburgh (x2), Greensburg, Johnstown, Moon Township, and Somerset. Health care provided includes: gynecological care, birth control, pregnancy testing and counseling, colposcopy and cryotherapy, pelvic and breast exams,

screening and treatment for STDs, emergency contraception, counseling services, and abortion. Fees are on a sliding scale and most major insurance is accepted.

HIV/AIDS RESOURCES

Allies for Health + Well-being

5913 Penn Ave, 2nd Floor

Pittsburgh, PA 15206 | (412) 345-7456 | alliespgh.org | info@alliespgh.org

HIV testing, food pantry, support groups, emergency funding, supportive housing programs, case management, and legal assistance.

Pittsburgh AIDS Center for Treatment (PACT)

601 Fifth Avenue, Falk Medical Building

Pittsburgh, PA 15213 | 412-647-7228

HEALTH, MEDICAL, AND DENTAL

Listed in alphabetical order

Free and Sliding Scale Clinics

The following is list of area medical clinics that provide services for free or on a sliding scale based on income. <https://bewellpgh.org/category/freesliding-scale-clinics/>

Allegheny County Health Department

Forbes Medical Clinic

3441 Forbes Ave | (412) 578-8081

STD, Hepatitis C, HIV/AIDS testing and immunizations

Allegheny County Health Department Dental Program

Hill District Clinic

1835 Center Avenue

Pittsburgh, PA 15219

(412) 392-4441

McKeesport Clinic

Wander Building

339 Fifth Avenue

McKeesport, PA 15132 Pittsburgh, PA 15210

(412) 664-8858

Southside Clinic

Mt. Oliver Family Health Center

1630 Arlington Avenue

(412) 432-1620

The clinic details described on the next page are the same for each location.

Hours: By appointment only

Services: Cleanings, fluoride treatments, dental health education, exams, fillings, sealants, extractions and space maintainers

Patient Eligibility: Allegheny County children, ages 1 to 20, who meet the financial guidelines. Accepts Medical Assistance. Contact the center for more information.

Fees: Free

Area Served: Allegheny County

Contact: [Dr. Larry Kanterman](#), Dental Administrator, (412) 578-8378

Website: www.achd.net

Allegheny County Health Department – (412) 578-8081

Walk-in, confidential STI and pregnancy testing and treatment available at no cost (ages 14+). 3441 Forbes Ave. Pittsburgh PA 15213.

Allegheny Health Network River Clinic

Carol Bibbens, Community Health Worker (412) 592-8549

Located on Federal Street on the North Side

Coordinate medical health care services, especially addiction and mental health services, for recently released inmates at Allegheny County jail. They have doctors on staff and clients can schedule appointments at the site. They also provide case management, connection to resources in the community, and collaborate with ACJ.

Allegheny Reproductive Health Center – (412) 661-8811

5910 Kirkwood St, Pittsburgh, PA 15206 | <https://www.alleghenyreproductive.com/>

Provides quality abortion care and gynecological services. Patients may be eligible for limited financial assistance. Offers surgical abortions to 22 weeks of pregnancy and the Medication Abortion (Abortion Pill) to 10 weeks.

Abortion Help Pittsburgh – (412) 530-5473

Health Clinic with confidential, no-cost pregnancy and STI services.

Birmingham Free Clinic – (412) 481-7900 x281

Provides free health care to uninsured Latino patients (all ages). Patients with health insurance are connected to community health centers. Mental health and social services also available.

44 South 9th St. Pittsburgh PA 15203.

Catholic Charities Free Health Care Center

Suite 301

212 Ninth Street (corner of 9th & Liberty)

Pittsburgh, PA 15222

(412) 456-6911

Hours: Monday through Friday, 9:00 a.m. – 4:00 p.m., by appointment only.

Services: Cleanings, dentures (partial & full), exams, X-rays, extractions, fillings, root canals and single crowns

Patient Eligibility: Working individuals, ages 18-64, with no insurance

Fees: Free

Area Served: Pittsburgh area

Contact: (412) 456-6911

Children’s Hospital Division of Adolescent & Young Adult Medicine – (412) 692-6677

Locations in Oakland, Lawrenceville, Wexford & Bethel Park. Medical care for adolescent, young adult and trans victims.

East Liberty Family Health Services

Pittsburgh, PA 15206

(412) 345-0400

Hours: Monday, Tuesday, Thursday and Friday, 7:45 a.m. – 4 p.m. and Wednesday, 8 a.m. – 1:30 p.m.

Services: General dentistry

Patient Eligibility: Care will be provided to anyone in need.

Fees: Contact the center for information on accepted insurance plans or other payment options.

Area Served: Pittsburgh and the surrounding area.

Contact: (412) 345-0400

Website: www.elfhcc.com

East Liberty Family Health Care Center – (412) 661-2802

Provides health care services for adult patients who are uninsured, underinsured and underserved. 6023 Harvard St. Pittsburgh PA 15206.

Health Care for Homeless

(412) 244-4775

Healthcare for Homeless Pittsburgh provides: primary care, dental, vision, mental health care, substance abuse services, and pharmacy services. Health Care for Homeless can also provide case management as well as referral information for hospital services and assistance with housing and entitlement programs. They also have a prescription voucher program.

Prescription Voucher Program

Mon	9:00am – 4:00pm	North Side (Pleasant Valley Shelter, 1601 Brighton Road)
Tues	8:30am – 3:00pm	McKeesport Downtown Housing (533 Sinclair Street)
Wed	1:00pm – 4:00pm	East Liberty Family Health Center (6023 Harvard Street)
Thurs	10:00am – 3:00pm	Downtown (Bethlehem Haven shelter, 905 Watson Street)

- Bring prescription and/or bottles. Bring past medical records or discharge reports only if available. They will not cover narcotics or gabapentin.
- Walk-in appointments only
- Locations will give you medicine on-site or provide voucher to Rite Aid
- Doctors appointments available Monday and Wednesday afternoons

The Intersection

115 Seventh Avenue
 McKeesport, PA 15132 | (412) 678-6948

Operation Safety Net

903 Watson Street
 Pittsburgh, PA 15219 | (412) 232-5739 | operationsafetynet@pmhs.org

Volunteer medical clinicians, case managers and outreach workers provide medical services to the uninsured and homeless via street outreach and mobile medical van sites.

Mission of Mercy Dental Clinic –

Walk-in, free dental clinic (cleanings, fillings and extractions). Check dates at www.amissionofmercy.org

Planned Parenthood – (412) 562-1900

Provides confidential pregnancy and STI services. Medicaid and Marketplace health care enrollment assistance. Locations on Liberty Ave and Bridgeville.

Pleasant Valley Shelter

1601 Brighton Road
 Pittsburgh, PA 15212 | (412) 321-4272

Primary Care Health Services, Inc. (West End Health Center)

415 Neptune St
Pittsburgh, PA 15220
(412) 921-7200

Hours: Monday, 11 a.m. – 7:30 p.m. and Tuesday through Friday, 9 a.m. – 5:30 p.m.

Services: General dentistry, oral surgery, orthodontics, endodontics, periodontics and prosthodontics

Patient Eligibility: Care will be provided to anyone in need.

Fees: Contact the center for information on accepted insurance plans or other payment methods.

Area Served: Allegheny County

Website: www.pchspitt.org

Primary Care Health Services, Inc. (Alma Illery Medical Center)

7227 Hamilton Avenue
Pittsburgh, PA 15208
(412) 244-4700

Hours: Monday, Wednesday, Thursday and Friday, 8:30 a.m. – 5 p.m., Tuesday, 10:30 a.m. – 8 p.m. and every other Saturday, 9 a.m. – 1 p.m.

Services: General dentistry

Patient Eligibility: Care will be provided to anyone in need.

Fees: Contact the center for information on accepted insurance plans or other payment options; sliding fee scale available for low-income patients.

Area Served: Allegheny County

Website: www.pchspitt.org

Primary Care Health Services, Inc. (Hill House Health Center)

1835 Center Ave
Pittsburgh, PA 15219
(412) 261-0937

Hours: Monday, 11 a.m. – 7:30 p.m. and Tuesday through Friday, 9 a.m. – 5:30 p.m.

Services: General dentistry, oral surgery, orthodontics, endodontics, periodontics and prosthodontics.

Patient Eligibility: Care will be provided to anyone in need.

Fees: Contact the center for information on accepted insurance plans or other payment methods.

Area Served: Allegheny County

Website: www.pchspitt.org

Primary Care Health Services, Inc. (Manchester West End Family Dental Center)

441 South Main St

Pittsburgh, PA 15220

(412) 922-5636

Hours: Monday, 10:30 a.m. – 7 p.m. and Tuesday, 8:30 a.m. – 5 p.m.

Services: General dentistry and limited oral surgery.

Patient Eligibility: Provides care to anyone in need.

Fees: Contact the center for information on accepted insurance plans and other payment options.

Website: www.pchspitt.org

Primary Care Health Services, Inc. (Rankin Family Health Center)

300 Rankin Blvd

Rankin, PA 15104

(412) 351-4555

Hours: Monday, 11 a.m. – 7:30 p.m. and Tuesday through Friday, 9 a.m. – 5:30 p.m.

Services: General dentistry, oral surgery, orthodontics, endodontics, periodontics and prosthodontics.

Patient Eligibility: Care will be provided to anyone in need.

Fees: Contact the center for information on accepted insurance plans or other payment methods.

Area Served: Allegheny County

Website: www.pchspitt.org

Sto-Rox Neighborhood Family Health Center

710 Thompson Ave

McKees Rocks, PA 15136

(412) 771-6462

Hours: Monday through Wednesday, 9 a.m. – 9 p.m., Thursday and Friday, 9 a.m. – 5 p.m. and Saturday, 9 a.m. to 12 p.m.

Services: General dentistry, oral surgery and periodontics.

Patient Eligibility: Residents of McKees Rocks Borough and Stowe Township

Fees: Contact the center for information on accepted insurance plans or other payment options.

Area Served: McKees Rocks Borough and Stowe Township

Contact: Rev. Regis J. Ryan, Director, (412) 771-6462

University of Pittsburgh School of Dental Medicine Student/Resident Clinic

3501 Terrace St, Salk Hall

Pittsburgh, PA 15261

(412) 648-8616

Hours: Monday, Wednesday, Thursday and Friday, 8 a.m. – 4:30 p.m., Tuesday, 8 a.m. – 6 p.m., by appointment only.

Services: All, including a walk-in emergency clinic.

Patient Eligibility: No criteria

Fees: Fee-for-service; some procedures require a down payment. Medical Assistance based on eligibility and other insurances accepted. Reduced fees are available for low-income patients. Some discounts may apply.

Area Served: Anyone in need

Contact: Patient Scheduling, (412) 648-8616

UPMC Children’s Hospital – (412) 692-5555

24/7

Child (male, female or trans) victim under the age of 14. 4401 Penn Ave. Pittsburgh PA 15224.

UPMC Magee Women’s Hospital – (412) 641-1000

24/7

Any victim (child or adult) over the age of 14.

300 Halket St. Pittsburgh PA 15213.

UPMC Mercy Hospital – (412) 232-8222

24/7

Any victim (child or adult) over the age of 14.

1400 Locust Street. Pittsburgh PA 15219.

Women’s Choice Network – (412) 687-7767

Provides confidential, no-cost pregnancy and STI services. Locations in Oakland, Monroeville, the North Side & Wexford.

DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES

Listed in alphabetical order

Alle-Kiski Hope Center

500 E 8th Ave

Tarentum, PA 15084 | (724) 224-1100

Emergency 30-day shelter and transitional housing for women, legal help and medical advocacy.

Center for Victims

(412) 664-7146 | 24/7 Hotline: 1-866- 644-2882

Emergency shelter and transitional housing for individuals fleeing a current domestic violence situation.

Victims and their children are provided with a safe and supportive environment. Call for access to shelters, transitional housing, children's counseling programs, sexual assault advocacy and medical assistance. Staff help the caller identify their needs and resources. Womenspace Shelter located in McKeesport, PA

Crisis Center North

PO Box 101093

Pittsburgh, PA 15237 | (412) 364-5556

Assists victims of domestic violence: free empowerment counseling and advocacy to adult, teen, and child victims of domestic violence. Includes legal and medical advocacy. Crisis Center North also provides educational programming to community and school programs.

New Beginnings

7115 Bennett Street

Pittsburgh, PA 15208 | (412) 271-5787

30 day emergency shelter.

National Domestic Violence Hotline

(800) 799-7233

Crisis intervention, safety planning, information about domestic violence and referrals to local service providers. Direct connection to domestic violence resources available in the caller's area provided by a Hotline advocate.

Salvation Army - Family Caring Center

6017 Broad St

Pittsburgh, PA 15206 | (412) 362-089

36-bed shelter for homeless families, including couples and parents with children, who may have been victims of domestic violence, evicted, victims of fire or, or stranded in the city.

Women's Center and Shelter of Greater Pittsburgh

24/7 Hotline: 412-687- 8005 | wcspittsburgh.org

Call the free and confidential 24-hour number to inquire about exploring options and receiving help.

Womanspace East, Inc.

P.O. Box 3826

Pittsburgh, PA 15230 | (412) 765-2661

Womanspace East operates a 30-60 day emergency shelter, transitional, and bridge housing for women and their dependent children.

EMPLOYMENT RESOURCES

Listed in alphabetical order

Career Workforce

7135 Fleury Way

Pittsburgh, PA 15208 | (412) 241-2811

Provides business clothing for men.

Career & Workforce Development Center – East

7140 Bennett Street

Pittsburgh, PA 15208 | (412) 241-2811

Links local employers with unemployed. Services include: job search assistance, employment counseling, career guidance, job fairs, and a computer lab.

Dress For Success

332 Fifth Avenue

Warner Centre, 5th Floor

Pittsburgh, PA 15222 | (412) 201-4204 x225

Provides work and business clothing to women and provides support groups for women seeking

Eastside Neighborhood Employment Center

5321 Penn Avenue

Pittsburgh, PA 15224 | (412) 362-8580

Assistance with: resume writing, interview prep, and job search for adults and young adults. Career counselors are available to work with youth ages 14-21 to address their unique needs.

Goodwill of Southwestern PA

118 52nd Street

Pittsburgh, PA 15201 | (412) 632-1706

Job skills training, job readiness, job search, and placements.

Lawrenceville WORKS

(412) 632-1797

Job-readiness trainings in the Lawrenceville area. Services include: job hunting help, GED prep, ESL, Driver's Ed, Goodwill employment training, and more.

Pennsylvania Dept of Labor and Industry – Unemployment Benefits

www.uc.pa.gov

File a claim electronically for unemployment benefits, to determine your eligibility, check your claim status, view payments, and more.

PA CareerLink

www.cwds.pa.gov

Allows job seekers to create resumes and match their skills/experience with current job postings – and apply to those jobs online.

Pittsburgh Job Corps Center

(412) 441-8700

Career training for young adults ages 16-24 while earning a high school diploma or GED.

Peoples Oakland Supported Employment and Education Program

3433 Bates Street, 3rd Floor

Pittsburgh, PA 15213 | (412) 683-7140

Assist in all aspects of securing competitive employment when mental health is a barrier.

Salvation Army of Western Pennsylvania

424 Third Ave

Pittsburgh, PA 15219 | (412) 281-2811

Job counseling and resume help.

Suit Yourself

7400-1/2 Church Street

Pittsburgh, PA 15218 | (412) 271-0544

Provides vouchers to clients re-entering the workforce who need proper attire. Clients must have recently graduated from a program of recovery or job readiness and will need a referral from that program.

Volunteers of America of Pennsylvania

1650 Main Street

Pittsburgh, PA 15215 | (412) 782-5344

Employment opportunities for people with disabilities and other barriers to employment.

Workwear Allegheny County

332 Fifth Avenue

Pittsburgh, PA, 15222 | (412) 281-4220

Free professional clothes and uniforms.

DROP-IN SERVICES

Listed in alphabetical order

412 Youth Zone – (412) 902-4068

Youth ages 18-24 who are homeless or in CYF care. Coaches assist youth with life skills and provide supportive services including transition into an Independent Living program.

East End Cooperative Ministry Drop-In Center

250 N. Highland Ave

Pittsburgh PA, 15206

Services include referral to community resources, case management, TV, games, snacks, computer access and shelter information. There is an on-site medical clinic. Drug and alcohol, mental health, and VA service providers available.

East Liberty Family Support Center

6435 Frankstown Avenue

Pittsburgh, PA 15206

Winter Warming Station

212 Ninth Street, Susan Zubik Welcome Center

Pittsburgh, PA 15222 | 412-456-6999

Open Monday - Friday 8am to 4pm and every Saturday in January, February, and March when the daytime high temperature is below 40 degrees. The warming station will provide hot cocoa, coffee, snacks, and lunch.

Jubilee Kitchen and Day Shelter

2005 Wyandotte Street

Pittsburgh, PA 15219 | (412) 261-5417

Daily hot meal daily a temporary mailing address for the homeless. Day shelter provides recreation, shower, and laundry facilities, and outreach. Located in the Hill District.

Miryam's Place

1410 Fifth Avenue

Pittsburgh, PA 15219 | (412) 391-1348 ext. 234

Drop-in center for women. Provides lunch, dinner, toiletries, basic needs, case management, and social activities.

Northside Common Ministries - Pleasant Valley Shelter

1601 Brighton Rd

Pittsburgh, PA 15212 | (412) 321-4272

Lunch at noon and medical assistance on Tuesdays.

Olive Branch Drop-In Center

1122 Brackenridge Avenue

Brackenridge, PA 15014 | (724) 224-1600

A drop-in center specifically for customers currently or formerly engaged in mental health services.

PERSAD – (412) 441-9786

Counseling and mental health services to all ages including street outreach services and a drop-in center available to LGBTQ+ youth. 53001 Butler St. Pittsburgh PA 15212.

Shepherd's Heart Fellowship

13 Pride Street

Pittsburgh, PA 15219 | (412) 281-1305 | www.shepheart.org

Drop-in center serves coffee, breakfast, and prayer service. Showers and laundry facilities are available, free clothes, socks, lotion, soap and other toiletries. Free dinner after the main church service on Sunday evening. Free shuttle van service from Shepherd's Heart to the Northside, Southside, and Downtown neighborhoods of Pittsburgh, and to the University Drive VA. The van makes 11 stops. Each rider can get on or off at any stop.

Service Access for Youth (SAY)

2020 Smallman Street, 2nd Floor

Pittsburgh, PA 15222 | (412) 562-0154

Drop-in program for unaccompanied youth ages 18-24 who are homeless in Pittsburgh.

Three Rivers HUB – (412) 441-5020

Basic needs and drop-in center for homeless youth ages 18-21 (and ages 21-31 with a mental health diagnosis). Meet basic needs including food, clothing, housing and case management. Case management includes behavioral health, drug and alcohol treatment and employment services. 6117 Broad Street. Pittsburgh PA 15206.

Wellspring Drop-in Center

903 Watson Street

Pittsburgh, PA 15219 | (412) 263-2545 | www.pmhs.org

Drop-in center providing recreation, socialization, entertainment, education, pre-employment training, job placement, peer support, and advocacy for consumers. Offers primary care service health clinics 2x week.

FREE, LOW-COST, TOILETRIES AND CLOTHING VOUCHER PROGRAMS

Listed in alphabetical order

Free Store Wilkinsburg: 412-436-9836

619 Penn Avenue, Wilkinsburg, PA 15221

Open every Saturday 11a - 2p

Free Store 15104:

420 Braddock Ave Braddock, PA 15104

Store Hours: Tuesday 11:00–1:00, Thursday 11:00–1:00, Saturday 10:00–12:00.

Gay and Lesbian Community Center of Pittsburgh

Free clothing and toiletries available for all. Walk-in and ask for clothing at the front desk.

Goodwill Thrift Stores

5993 Penn Circle South

Pittsburgh, PA 15206 | (412) 924-0070

Goodwill Thrift Stores

2700 East Carson Street

Pittsburgh, PA 15203 | (412) 481-5390

Clients with emergency needs may be able to obtain a voucher to pay for clothing and household items (no furniture) at goodwill stores. A referral from a caseworker or social service agency is required.

Glen-Hazel Citizens Association

4835 Second Avenue

Pittsburgh, PA 15207 | (412) 422-4727

Provides clothes to those in need and also assists with energy assistance applications and housing issues. Works with the POWER program to provide clothes and food to those being released from prison.

Hot Metal Bridge Faith Community: 412-481-4010

2700 Jane St. Pittsburgh, PA 15203.

Care Closet stocked with clothes, shoes, toiletries, and camping supplies to give to folks living outside.

Junior League of Pittsburgh Thrift Shop

4752 Liberty Avenue

Pittsburgh, PA 15224 | (412) 687-2600

Provides low-cost clothing and household items.

NorthShore Community Alliance - Carol's Closet

1439 N. Franklin Street

Pittsburgh, PA 15233

(412) 322-7400

Carol's Closet was established in an effort to help families obtain simple household items, clothing, shoes and toys for their children.

Salvation Army of Western Pennsylvania

8020 Frankstown Avenue

Pittsburgh, PA 15208 | (412) 242-1434

104 East 9th Street

Homestead, PA 15120 | (412) 461-2460

300 Holland Avenue

Braddock, PA 15104 | (412) 271-2407

Emergency assistance for individuals and families for food, clothing, shelter, rent, and utility expenses.

1060 McNeilly Road

Pittsburgh, PA 15226 | (412) 207-2127 x100

Provides emergency clothing vouchers to the following zip codes: 15102, 15129, 15210, 15211, 15216, 15226, 15228, 15234, 15241, 15243).

Society of St. Vincent de Paul

1243 North Franklin Street

Pittsburgh, PA 15233 | (412) 321-1071

St. Vincent de Paul provides clothing vouchers for individuals and families in need, including the ability to shop for interview attire.

Thriftique

125 51st Street, Pittsburgh, PA 15201 (Lawrenceville) | Main Number (412) 742-4951 | Lynn Thomastz
Direct line (412) 742-4933

Thomas Merton Center - East End Community Thrift Store

5123 Penn Avenue

Pittsburgh, PA 15224 | (412) 361-6010

50 religious organizations and 35 community organizations distribute vouchers for free clothing and household items, call for more information. These vouchers are redeemable at the thrift shop.

Zion Lutheran Church in Penn Hills –

Deacon Amy Santoriello, *Director of Faith Formation & Outreach*. Tangible goods and toiletries in bulk.

Clothing - Winter Weather

East End Cooperative Ministry Winter Coat Distribution

6140 Penn Circle North

Pittsburgh, PA 15206 | (412) 361-5549

During the fall and winter months coats are distributed at the drop-in center.

Rainbow Kitchen Community Services - Winter Coat Drive

135 East Ninth Avenue

Homestead, PA 15120 | (412) 464-1892

Offers winter clothes, including coats, hats, scarves, and gloves.

EX-OFFENDER RESOURCES

Employers

The following employers may hire applicants with an existing criminal background. Some convictions may prevent hire and policies may vary by location. Please contact the individual employer regarding hiring policies and to apply.

Applebee's

Chick-fil-A

Chipotle

Denny's

Dunkin' Donuts

Goodwill

Longhorn Steakhouse

McDonalds: (412) 471-1747

Old Dad Shook Contracting: (412) 481-5560

Olive Garden: (412) 372-5017

Omni William Penn Hotel: (412) 553-5232

PetSmart

Pittsburgh Steak Company: (412) 381-5505

Red Lobster

Red Robin

Subway

Sweetwater Personnel: (412) 761-1266

Target: [target.com](https://www.target.com)

Trader Joe's

Wal-mart

Wendy's

Allegheny County Jail Collaborative / Offender Re-Integration Program

One Smithfield Street

Pittsburgh, PA 15222 | (412) 350-7337

Network of services available during incarceration and upon release to help ex-offenders to stabilize their lives. A coalition of Department of Human Services (DHS), the Allegheny County Jail (ACJ), and the Allegheny County Health Department (ACHD).

Hill House Association Senior Services (A.S.O.P.)

2038 Bedford Avenue

Pittsburgh, PA, 15219 | (412) 392-4450

For persons 60+ who have been released from jail or prison and need assistance with housing and basic needs. Services also provided: counseling, job readiness, housing assistance, attending hearings, and in-home services.

Human Services Administration Organization - Reentry Program

2801 Custer Avenue

Pittsburgh, PA 15227 | (412) 884-4500

Pre- and post-release services.

Pre-release services: job preparation, life skills, family support and relationship classes, GED preparation, Adult Basic Education, vocational education, housing preparation, drug and alcohol treatment, anger management, mentoring, connection with probation, and release planning.

Post-release services in the community include: housing and job placement; assistance with rent, food, and clothing; transportation; photo ID, medical and public assistance; family services; child care assistance; continuation of GED; drug and alcohol treatment; and mentoring.

Lydia's Place

700 Fifth Avenue, 4th Floor

Pittsburgh, PA 15219 | (412) 697-0880 | lydiasplace.org

One-to-one mentoring, information and referral, and family activities for female ex-offenders or women who are currently incarcerated. Pre-release services include counseling, parenting classes, literacy tutoring, and housing information.

Southwestern Pennsylvania Re-Entry Coalition

305 East 8th Avenue

Homestead, PA 15120-1517 | (412) 464-4000

Re-entry and workforce training for ex-offenders. Resources for individuals whose criminal record creates barriers to self-sufficiency and employment. Offers workshops on criminal record expungement and pardons.

Urban League of Greater Pittsburgh - Allegheny County Jail Collaborative (ACJC)

610 Wood Street

Pittsburgh, PA 15222 | (412) 227-5021 | ulpgh.org

Provides resources and employment information to pre-release offenders to aid their transition back into the workforce. Includes help with: career counseling and life planning, job readiness, problem solving, and communication skills.

Glen-Hazel Citizens Association

4835 Second Avenue

Pittsburgh, PA 15207 | (412) 422-4727

Works with the POWER program to provide clothes and food to those being released from prison.

TATTOO REMOVAL

The Erase Project – (412) 327-6630

910 Braddock Avenue, Pittsburgh, PA 15104 | <http://theeraseproject.com>

Their mission is to remove inappropriate tattoos from visible areas of individuals who want to change after they may have been involved with gangs, spent time in jail, or who have made bad choices in their lives.

To book a consultation:

- 1) Call (412) 327-6630
- 2) Schedule online via <http://theeraseproject.com/>. You have to create an account to do so.

Survivors Ink - P.O. Box 44001, Columbus, OH 43204 | <http://www.survivorsink.org/>

To apply, submit a survivor's application at <http://www.survivorsink.org/>

Tattoo Removal Locations: Ohio (Cleveland, Columbus), California (Alameda, Palm Springs, Bay Area), Indiana (New Albany), Kentucky (Elizabethtown), Washington (Renton), Canada (Ontario – Pickering)
Founded by trafficking survivor and formally branded woman, Jennifer Kempton, Survivor's Ink offers full scholarships to survivors of human trafficking and sexual exploitation to have their branding tattoo's covered or removed.

Eligibility Requirements:

- The branding/tattoo (mark of violence) must be associated with the trafficker or received during your time of exploitation.
- You must be a survivor of human trafficking- meaning you were employed with the sex industry as a result of force, fraud, coercion for ultimate gain of another; Please [click here for more information](#).
- You must be involved in a recovery process, addiction treatment or safety program for at least SIX months but preferably ONE year AND provide a referral letter from that agency.

Soul Survivor Inc. – <http://soulsurvivorinc.com/>

Their Mission is to help encourage a promising future to those who have been reminded daily of their painful past. Provide services at little or no cost for those in need.

To apply, go to their website's "Contact Us" tab and submit a request for services.

Xtract - <http://inkxtract.com/>

Xtract originated as a part of a humanitarian effort to assist in safely and effectively removing tattoos from sex trafficking victims. This unique tattoo extraction procedure is the safest and most effective system on the market; with the added benefit of producing the lowest scar potential of any other system.

Closest Location: Estetique Solutions LLC
www.estetiquesolutions.com
infoestetiquesolutions@gmail.com
Candice Piroli Cortes
5855 Steubenville Pike Suite 201
Pittsburgh, PA 15136
412-206-5450

TATTOO COVER-UP

Jess Scutella- Kyklops Tattoo Southside - MrScutellaTattoos@gmail.com & www.kyklops.com

Offering tattoo cover-ups for free. Must be a coverup for one of the following:

- Sex trafficking related tattoo
- Racist symbols
- Gang related tattoos
- Police cult tattoos

TRANSPORTATION RESOURCES

Listed in alphabetical order

[Medical Assistance Transportation Program](#) – 1-888-547-MATP (6287)

Provides transportation assistance for individuals receiving Medical Assistance in order to get to and from medical appointments.

[Office of Vocational Rehabilitation](#) – 412-392-4950

531 Penn Avenue, Pittsburgh, PA 15222

Hours: Monday – Friday 8:00am – 4:30pm

Provides transportation assistance and support services to individuals with disabilities to prepare for, obtain, and maintain employment.

[Port Authority Reduced Bus Fare Program](#) (Allegheny County) – 412-255-1356

Reduced bus fare is available for individuals with disabilities (including cognitive/mental health).

Submit the completed application to Port Authority. Copy of the Application -

<http://portauthority.org/paac/apps/Fareinfo/ReducedFareApp.pdf>. Westmoreland County has the same program: <https://www.co.westmoreland.pa.us/1781/Other-Westmoreland-Transit-Special-Servi>

The Neighborhood Resilience Project

Provides bus passes for up to the first two weeks of new employment. Contact 412-261-1234 for assistance.

[Traveler's Aid](#) - (412) 281-0751

Office: 55 11th Street, Pittsburgh, PA 15222 (in the Greyhound Station)

Hours: Monday – Saturday 9:00am – 4:00pm

Provides transportation assistance to clients from programs such as Bethlehem Haven, Women's Center & Shelter, Public Assistance, and Re-Entry. They also have a Stranded Traveler's Program (e.g. clients wishing to return home from being displaced by trafficking).

GENERAL RESOURCES

Listed in alphabetical order

Allegheny Health Network Grief and Bereavement Program: 1-888-599-7328

Offer grief education and resources, periodic support phone calls, connection to support groups, and more.

<https://www.ahn.org/services/healthcare-at-home/hospice/grief-bereavement-support>

BigBurgh APP –

Look up Allegheny County services and resources and option to filter by age, gender and service category:

www.bigburgh.com/app.html#/who

Consumer Health Coalition – (412) 456-1877

Medicaid, Marketplace and CHIP health care enrollment assistance. 415 E Ohio St. Pittsburgh PA 15212.

CVS Pharmacies –

24/7

Oakland: 3440 Forbes Ave. Pittsburgh PA 15213

South Hills: 5242 Clariton Blvd. Pittsburgh PA 15301

Washington: 175 West Beaeu Street. Washington, PA 15301

City Pittsburgh & Allegheny County Police – 9-1-1

24/7

Childline – 1-800-932-0313

24/7

To report suspected abuse, trafficking and neglect. All child victims under the age of 18.

Children Youth & Families (CYF) – (412) 473-2000

24/7

To report suspected abuse, trafficking and neglect and for emergency assistance. All child victims under the age of 18.

In Allegheny County, police can take emergency custody of a child & call CYF (24/7) to find placement.

FBI Tip Line – (412) 432-4000

To report suspicious activity and crimes (24/7) in Western PA.

Hampton & Millvale Social Services Coordinators

The Millvale and Hampton communities are piloting a coordinated response between social workers and their police departments. Each department has a Social Services Coordinator who does two things.

1. They respond alongside other emergency personnel including police and EMS
2. They are available to the entire community (even those who are not involved with the police or have not made a report) – to provide case management and connection to resources like shelter, food, mental health, etc.

• **Alyssa Peters, MSW**

- Millvale Police Department - Social Services Coordinator
- Cell: 412-480-9497
- Email: apeters@millvaleboro.com

• **Angela Kenbok, MSW**

- Hampton Township Police Department - Social Services Coordinator
- Office: (412) 486-0400 ext. 1361
- Cell: (412) 737-2902
- Email: angela.kenbok@hampton-pa.org

Pet Resources

- Humane Animal Rescue (HAR) Pet Helpline:
Contact our Pet Helpline at 412-345-0348 or email us at pethelpline@HumaneAnimalRescue.org. The Helpline is open Tuesday through Sunday from 9:00 AM until 5:00 PM. Please leave us a voicemail and allow for up to 48 hours for a response. The Helpline can help with locating food, vet services, offer training advice, etc.
- Pet Food Pantry/Help
 - Animal Friends:
<https://www.thinkingoutsidethecage.org/pet-resources/pet-food-bank/>
 - Ellie's Pet Pantry (HAR):
<https://humaneanimalrescue.org/programs-and-services/other-programs/ellies-pet-pantry/>
 - Hungry Hippo's Pet Food Pantry (Biggie's Bullies):
<http://www.biggiesbullies.com/hungry-hippos-pet-food-pantry.html>

- Some human food pantries also carry dog food; so she may find luck in contacting Greater Pittsburgh Food Bank and asking about that, as well.
- Low Cost Vaccinations
 - Animal Friends:
<https://www.thinkingoutsidethecage.org/pet-care/vaccine-clinics/>
 - Humane Animal Rescue (HAR):
<https://humaneanimalrescue.org/veterinary-care/>

Polaris National Human Trafficking Hotline – 1-888-373-7888 24/7

National hotline (24/7) based in Washington DC for resources and information regarding human trafficking. 200 languages available, connection to local resources and police report not required.

PAAR’s Language Line Account – 1-888-808-9008 24/7

PIN#: 66459213

PAAR’s Yellow Cab/ Z-Trip Account – (412) 321-8100 24/7

ACCT#: 1155

Client provides voucher to driver OR the cab company can fax a bill to PAAR at (412)431-0913

Reunification or “Reconciliation” between AP and Victim

- Dr. Cindy King, King and Associates:
 - King & Associates, Inc (kingandassociates.biz)
- Three Rivers Adoption Council (TRAC):
 - TRAC – Pennsylvania’s foremost resource for adoption information, referral services, support, and education (tracpgh.com)
- Partners for Family Empowerment program:
 - DHS program around reunification (“bringing the family system back together” – and treatment of children with sexualized behavior:
 - Partners for Family Empowerment (PFE) Program | UPMC - Pittsburgh, PA

Re:solve Crisis Center – 1-888-796-8226 24/7

Emergency shelter for anyone over the age of 14 with a mental health diagnosis. 333 N Braddock Ave. Pittsburgh PA 15208.

Western PA Anti-Human Trafficking Coalition –

Coalition Volunteer (Erica Chevalier) coordinates tangible, non-emergency resources: (412) 400-0599 and ericachevalier@gmail.com

YWCA Healthy Equity Program – Erin Kelley at (412) 255-1483 and Carrie Berlin at (412) 255-1469

Medicaid and Marketplace health care enrollment assistance*. 305 Wood Street. Pittsburgh PA 15222.

*(Victims of domestic & sexual violence have extended enrollment time in the Marketplace)

EDUCATION

Trafficking Specific Scholarships

- [Sun Gate Foundation \(sun-gate.org\)](http://sun-gate.org) - A 501c3 non-profit, survivor led organization based in Alexandria, Virginia, is an independent organization addressing a critical gap in the human trafficking aftercare community by making a substantial commitment to survivors. Sun Gate Foundation funds educational opportunities provided to survivors of Commercial Sexual Exploitation and Human Trafficking in the United States. The ultimate goal is to equip these young girls, boys, women, and men with a solid foundation to confidently go after their dreams.
- [Circle of Friends Impact Scholarship 2017.pdf \(atlm.edu\)](#) - Assists young, female survivors of sex trafficking and exploitation pursue post-secondary education and workforce skills in pursuit of self-sufficiency.
- [Malouf Foundation Partners in Scholarship for Trafficking Survivors | SUU](#)
- [Beauty for Ashes Scholarship Fund | Point Loma Nazarene University](#)
- [Sabre sets up first-ever educational scholarship program for human trafficking survivors | Sabre Corporation - IR Site](#)
- [University of Toledo Human Trafficking and Social Justice Institute](#)
 - **The University of Toledo's Human Trafficking and Social Justice Institute's F.R.E.E. Program provides scholarship and support for survivors of human trafficking!** This one-time \$2,000 scholarship can be used anywhere in the United States at an accredited training, certificate, or degree program. [F.R.E.E. Program- Scholarship Application](#)
 - If you work with survivors or know any survivors that are in school or seeking a certification, please contact Amy LaGessee at Amy.Lagessee@UToledo.Edu for eligibility criteria and additional information. Feel free to share the flyer below with your contacts. [F.R.E.E. Program Flyer](#)
 - Hear what past and current participants have to say about the F.R.E.E. Program...
 - “The F.R.E.E. Program helped me to use a growth mindset, stay positive, and know that I am on a journey and it’s okay to have setbacks, but I will keep going and push through the fears and obstacles.”
 - “I am really excited about getting my MBA. An advanced degree has always been a dream of mine! I’m scared but also excited about receiving a scholarship from the F.R.E.E. Program.”
 - “I liked the connection with other survivors that want to return back to school.”
 - “I am older, so I am limited in my resources, so the F.R.E.E. program is great.”

STEM Scholarships

[Education - TISTA \(tistatech.com\)](http://tistatech.com)

College Funding

[Michigan Reconnect - Mi Reconnect](#) - In Michigan, you can receive free tuition at your in-district community college to earn an associate degree or Pell-eligible skill certificate if you're 25+.

Other Education/Employment Resources

Carol Harris Staffing -724-335-6661

708 Stevenson Blvd, New Ken, Temporary employment agency

Bidwell Training Center – 412-323-4000

1815 Metropolitan Ave, Pittsburgh PA 15233 – Career training school/classes in various fields

Career Link – 724-334-8600

Resume, job search, and GED classes – New Kensington

Career Training Academy (CTA) – 724-337-1000

950 Fifth Ave, New Kensington, PA 15068 – Trade School

ImaginePittsburgh.com – 412-281-4783

11 Stanwix St, 17th floor, Pittsburgh – Employment agency focuses on job opportunities in the Pittsburgh region

PA Job Network – 1-8000-984-3775

Listing of available jobs

Public Assistance Office – Local – 724-339-6800

Offer various employment seeking programs

SEX OFFENDER TREATMENT PROVIDER LISTING

Allegheny County:

- Janelle Crisp
 - Crisp Forensic Counseling
 - 100 Fifth Avenue, Pittsburgh, PA 15222
 - (412) 204-6017
- Rita Lukas
 - FAACT, Inc – Pittsburgh
 - Jacob Center, Pittsburgh, PA 15220
 - (412) 922-4858
- Cynthia L. Kind, MSSA, LCSW
 - King and Associates, Inc. - Clinton
 - 2402 Hookstown Grade Road, Suite 201, Clinton, PA 15026
 - (412) 203-3723
- Jennifer Bayer, MS NCC LPC BCPC
 - Pittsburgh Mercy
 - The Gatehouse, 1st & 2nd Floor
 - 101 West Station Square Drive, Pittsburgh, PA 15219
 - (412) 471-6270
- Robert Coufal, Ph.D.
 - Essex House, Pittsburgh, PA 15206
 - (412) 362-1470