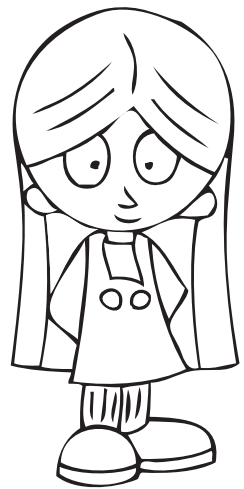
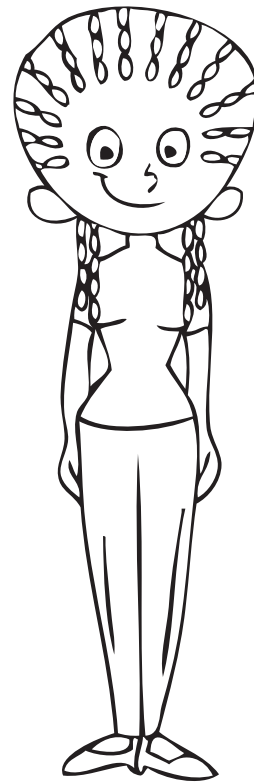
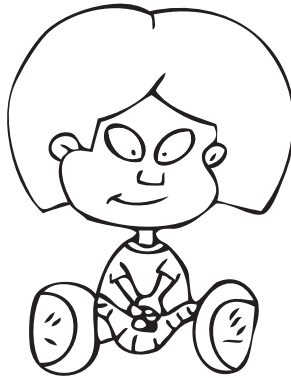


# it's all about me

## activity book

*Illustrated by Scott Wisneski*



coloring book created by Pittsburgh Action Against Rape.  
Education & Training Department  
for Pennsylvania Coalition Against Rape  
Supported in part by the Commonwealth of Pennsylvania Department of Public Welfare

# IT'S ALL ABOUT

[Large empty rectangular box for drawing or writing]

my friends are

I am  years old

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

I want to be a \_\_\_\_\_  
when I grow up



These are adults I can go to for help:

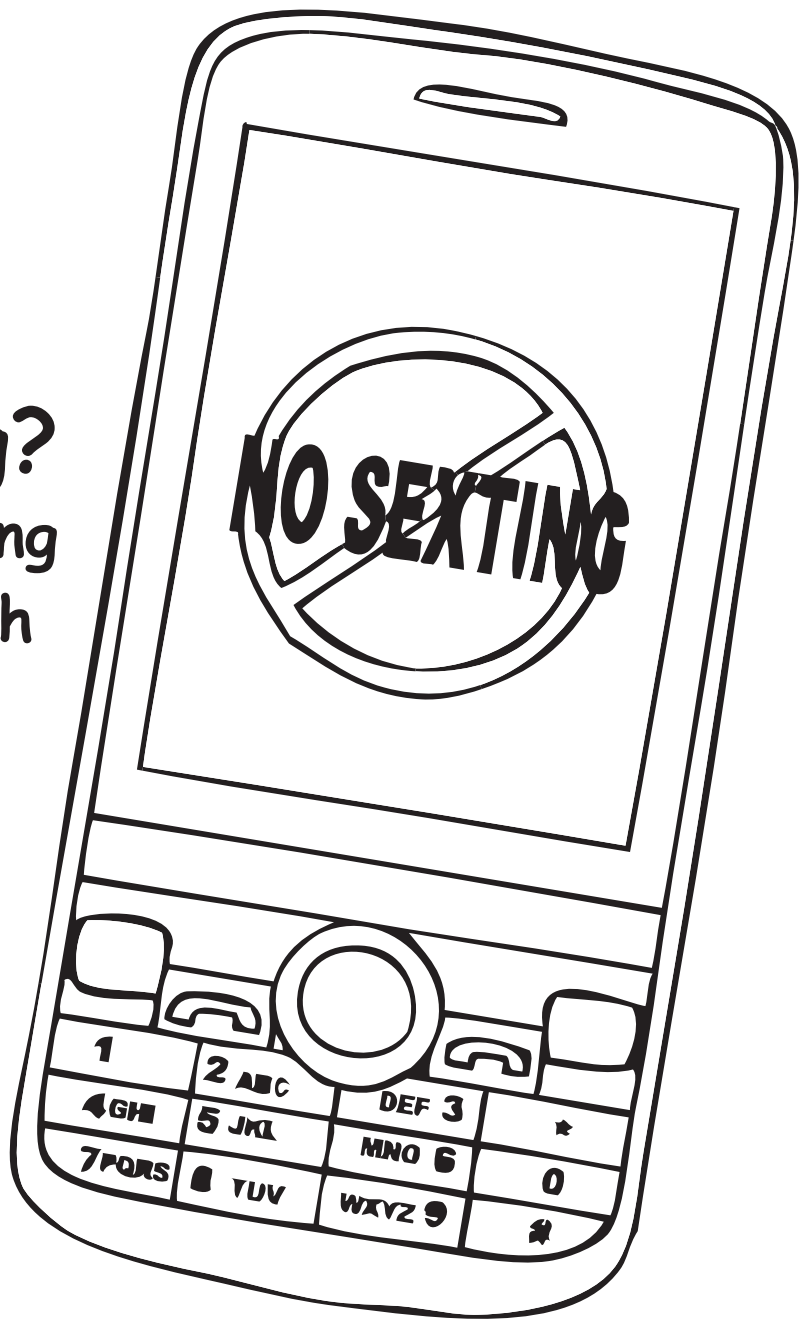
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## My Favorite Things

|              |              |
|--------------|--------------|
| <u>Color</u> | <u>Food</u>  |
| <u>Book</u>  | <u>Music</u> |

# COLOR YOUR NEW CELL PHONE

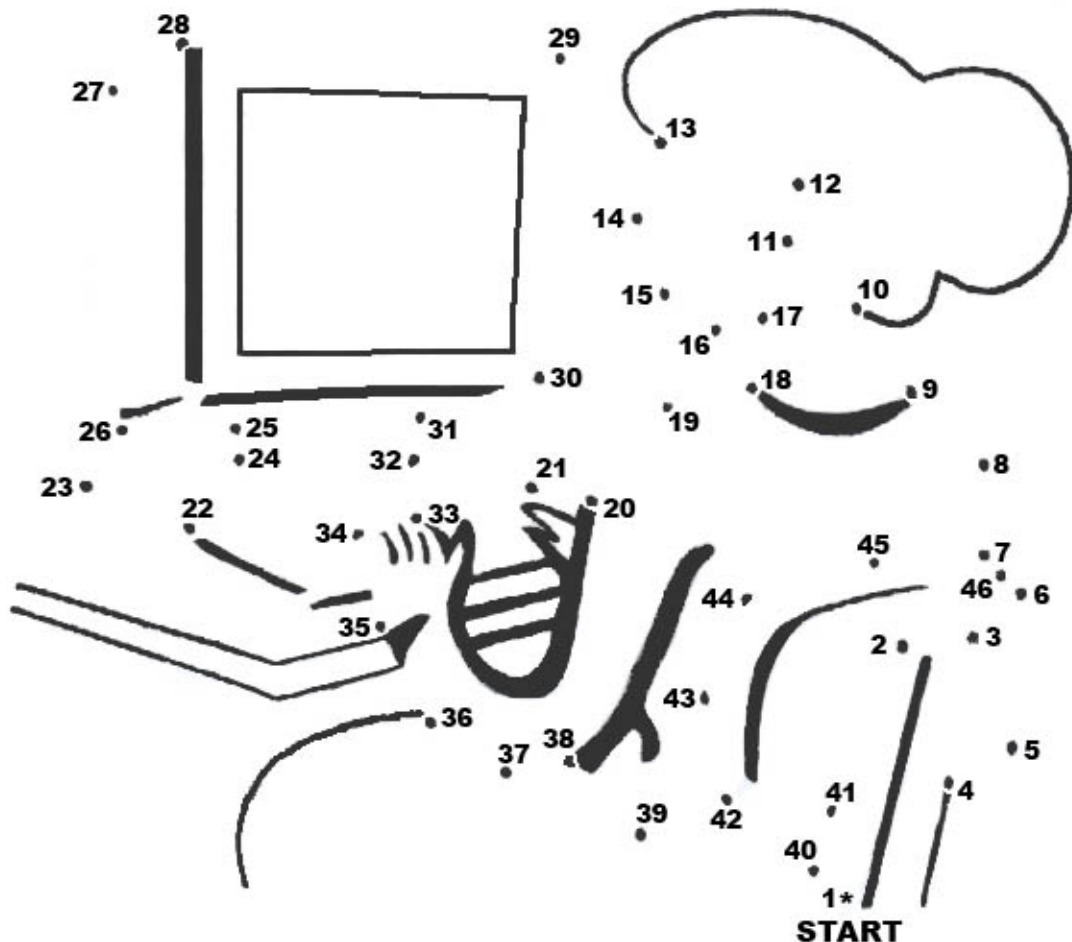
**What is sexting?**  
Sending and/or receiving  
naked pictures through  
text messages.



If I received a text message with a  
naked picture I would tell these adults:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

# INTERNET SAFETY



Do not give out personal information (name, address, phone number) to anyone online.

Do not post anything that is hurtful, disrespectful, or embarrassing. Remember, ANYONE can see what is on the internet.

Never go into chat rooms online or in video games. Remember people can lie about who they are online.

# My Safety Puzzle



tell

stop

adult

safe

unwanted

touch

words

boundaries

pictures

sexting

my body

uncomfortable

angry

hugs

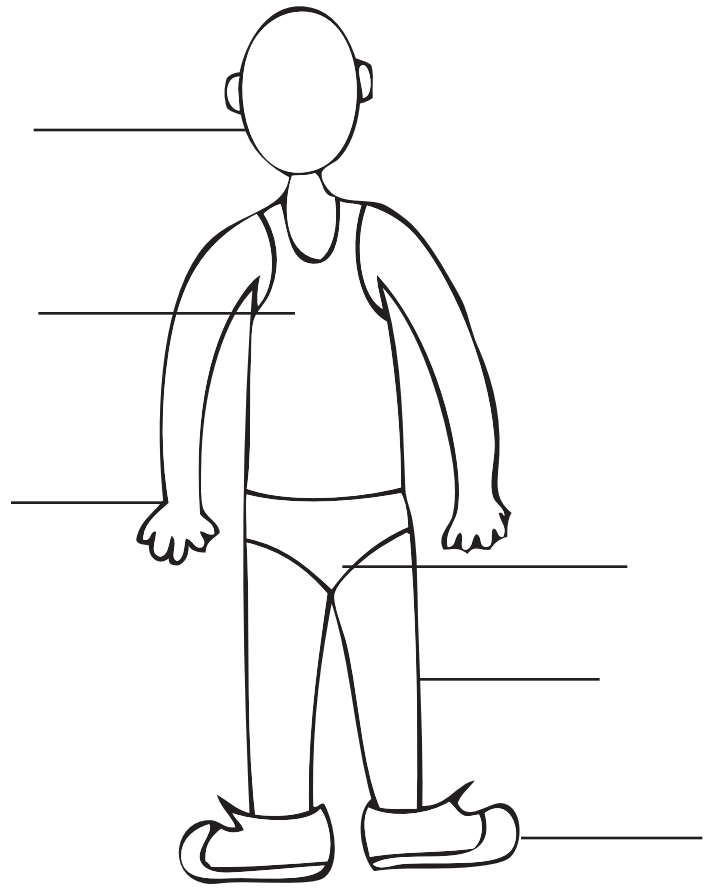
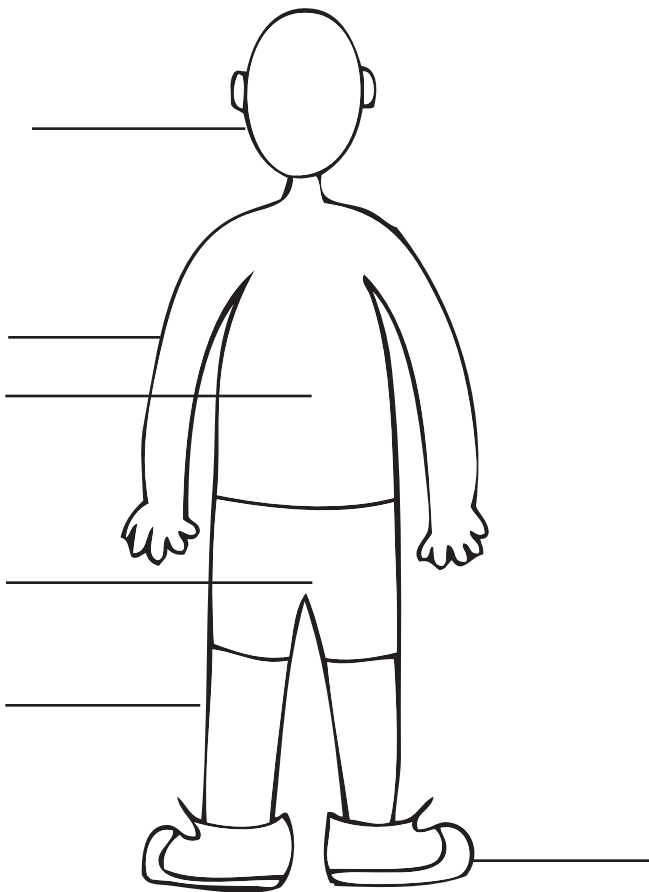
embarrassed

chatroom

# IT'S OUR BODY

**boy**

**girl**



**Name each body part.**

**Draw your face and color in.**

**Color in your clothes, then cut along the solid lines.  
Glue your body on the previous page!**

